

# MST Therapist

**Locations:** Winston-Salem, NC

**Position Type:** Full-Time

## About the Role

Do you have a passion for empowering youth and families to create lasting change? **NC Health Partners** is seeking compassionate and motivated **MST Therapists** in **Winston-Salem** to join our evidence-based, community-focused Multisystemic Therapy (MST) teams.

As an MST Therapist, you will work intensively with families, youth, and their natural supports to address serious behavioral concerns and help adolescents build stronger relationships at home, in school, and in their communities. You'll receive ongoing training, supervision, and support in the MST model, joining a small, dedicated team that believes in strength-based, family-centered care.

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## Key Responsibilities

- Provide direct clinical treatment to youth (ages 11–17) and families using the MST model and principles.
- Engage families in **three 2-hour sessions per week**, focusing on sustainable behavior change.
- Participate in **weekly group supervision and consultant meetings** for case review and professional growth.
- Empower families through practical skill-building, cognitive-behavioral interventions, and problem-solving strategies.

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## Qualifications

- **Master's degree** in Clinical or Counseling Psychology, Social Work, Marriage & Family Therapy, or a related field (required)
  - Professional licensure or associate-level licensure preferred (LCSW, LCMHC, LMFT, LCAS)
  - Experience providing therapy to children, adolescents, or families preferred (new graduates encouraged to apply)
  - Bilingual candidates strongly encouraged to apply
  - Must live within 30–45 minutes of the designated service area
  - Must commit to a **one-year employment agreement**
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## Preferred Experience

- Delivery of family therapy using pragmatic (structural, strategic, functional) approaches
  - Cognitive-behavioral therapy with children and adults
  - Collaboration with community agencies and systems (e.g., DJJ, schools, social services)
  - Experience providing in-home or community-based services
  - Familiarity with data tracking and clinical documentation requirements
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## Why Join Us

At **NC Health Partners**, we believe in the power of relationships, resilience, and community. Our MST teams are passionate about helping youth succeed while providing therapists with a supportive environment that encourages learning, collaboration, and professional growth. You'll make a measurable difference in families' lives—while building a rewarding career rooted in purpose and impact.

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## How to Apply

Submit your **résumé and cover letter** to [careers@ncehealthpartners.com](mailto:careers@ncehealthpartners.com) with the subject line: **"MST Therapist Application –Winston"**

Applications will be accepted until the positions are filled.  
Only qualified applicants will be contacted for interviews.